



YOUR NARCISSIST CLIENT

THE EMPATHY PITFALL AND THE REGULATED PROFESSIONAL

A HEALTH AND WELLNESS TALK

SPOT. PLAN. MANAGE.

PRESENTATION

Have you experienced a seemingly unprovoked shift from “praise for all you do” to feeling caught in the cross hairs of criticism? You went from being described as “*the best at what you do*” to having your competence and professionalism attacked? How about putting forth 100% effort but feeling “Is it ever enough”? Do you find yourself dwelling upon interactions with a certain client? What makes emails or phone calls from some clients exhausting while others pose no difficulty?

This presentation and discussion session addresses the **empathy pitfall**. Professionals are increasingly faced with complex personal, systemic and personality issues. Clients with personality issues pose the greatest risk to professionals because, with a desire to better the lives and circumstances of those you work with, your empathy creates vulnerability. Professionals are increasingly coping with fatigue, symptoms consistent with exposure to traumatic events and professional implications directly resulting from this group. This program addresses how professionals can protect their empathy for clients in the context of professional and personal risk.

SPEAKER

Julie Gowthorpe PhD, RSW has counseled countless individuals who have encountered destructive personalities. This talk shares her own experience as part of her commitment to support and educate professionals about the implications and necessary measures when working with these relentless clients.



Booking for October 2016

For more information contact Krista:

krista@drjuliegowthorpersw.com

(613) 962.1852

drjuliegowthorpersw.com

TOPICS OF PROGRAM

- ✓ SPOT THE DESTRUCTIVE PERSONALITY
- ✓ IDENTIFY PROFESSIONAL VULNERABILITY
- ✓ MANAGE THE SLIPPERY SLOPE OF PROFESSIONAL RESPONSIBILITY AND SELF-PRESERVATION
- ✓ MANAGE INTERFERENCE FROM OUTSIDE AGENCIES AND THE ENTOURAGE
- ✓ UNDERSTAND AND ACCEPT PERSONAL AND PROFESSIONAL RISK
- ✓ RECOVER FROM AN ATTACK BY A NARCISSIST CLIENT
- ✓ COPE WITH MORAL DISTRESS

